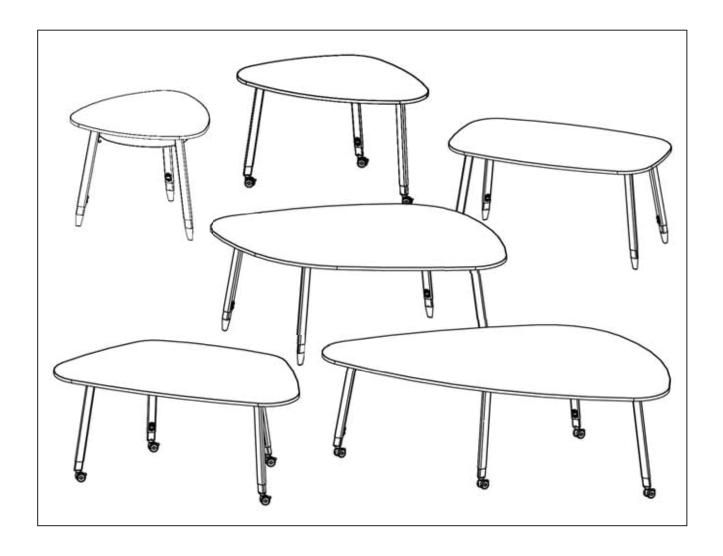
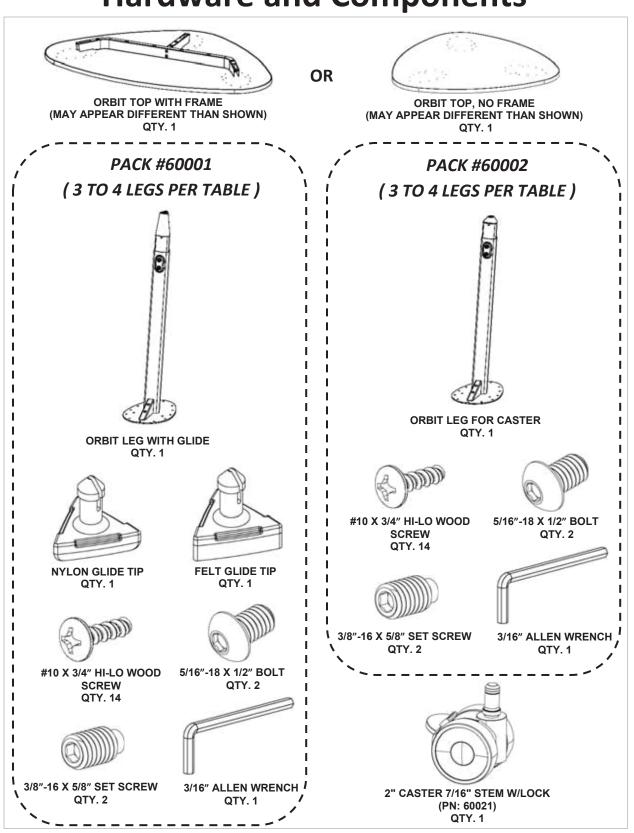
# **Assembly Instructions**

# Flowform Adjustable Height Tables



If you have damaged or missing components, please contact customer service at 1-800-328-1061

### **Hardware and Components**



#### **Special Notes:**

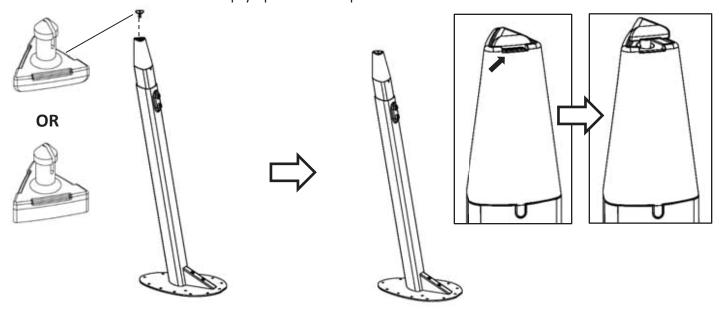
- **TOOLS REQUIRED:** 
  - Drill w/#2 Phillips driver bit, or #2 Phillips head screwdriver.
- Check that all components are accounted for and undamaged before assembling.
- Please assemble the product in a clean and dry area.
- You may need another person to help assemble the product. Team lifting may be required.
- Clean the product with a mild cleaner and a damp cloth.

# **Assembly Instructions**

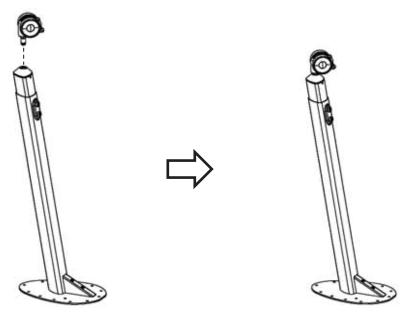
**1. FOR LEGS WITH GLIDES:** Insert either the Nylon or Felt Tip into the Glide. Press down on tip until it snaps into place.

**Helpful Hint:** It is recommended that the Nylon Glide Tip is used for carpeted areas and the Felt Glide Tip is used for hard surfaces such as hardwood floors.

**NOTE:** To remove Glide Tip, use a flat-head screwdriver inserted into the notch in the back of the Glide to pry up the Glide Tip.

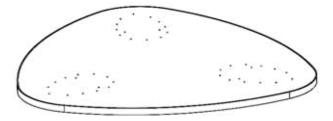


**2. FOR LEGS WITH CASTERS:** Insert stem of caster into Casket Socket on leg. Press down until the caster stem is fully inserted into the leg.

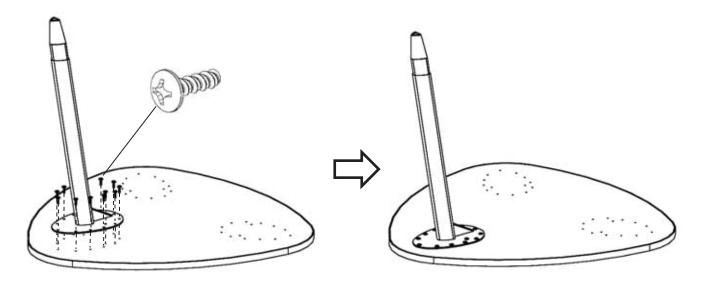


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3. FOR FRAMELESS TABLES: Lay top down on a clean smooth surface that will not harm the top finish. Underside of top should be exposed. Top may be heavy, team lifting is encouraged.

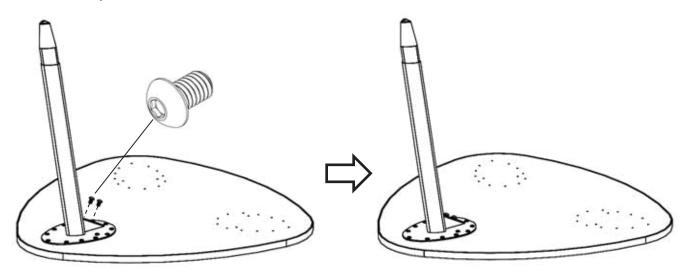


**4.** Align leg mounting plate holes with pilot holes on underside of top. Install all 14 of the  $\#10 \times 3/4$ " Hi-Lo Wood Screws to secure the leg to the top.

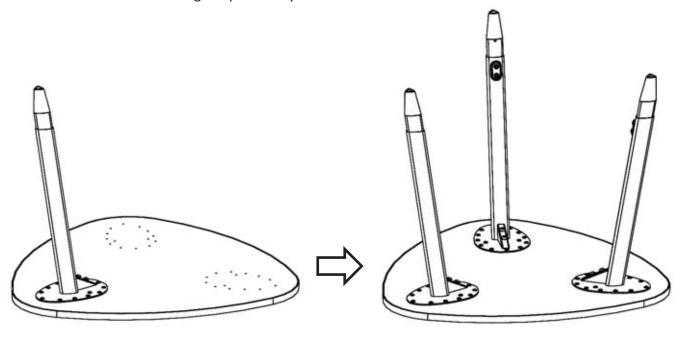


5. Next install the 5/16"-18 x 1/2" Bolts into leg gusset.

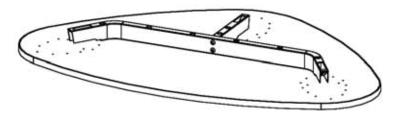
Helpful Hint: These bolts are used on current and future accessories.



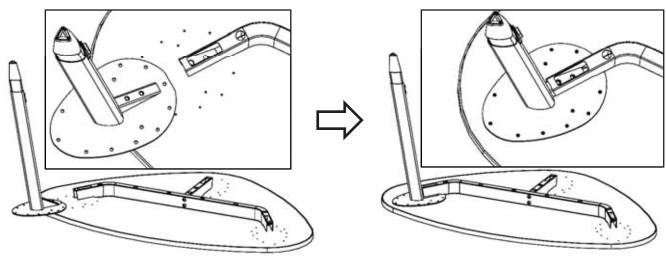
**6.** Install the other legs as previously shown.



7. FOR TABLES WITH FRAMES: Lay top down on a clean smooth surface that will not harm the top finish. Underside of top and frame should be exposed. Top may be heavy, team lifting is encouraged.



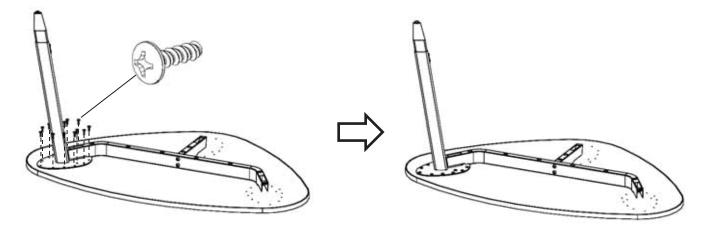
**8.** Slide gusset of leg into frame and align leg mounting plate holes with pilot holes on underside of top.



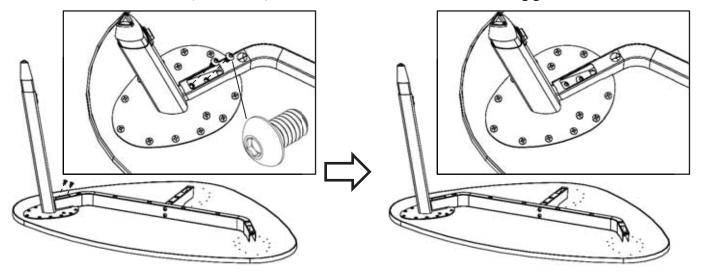
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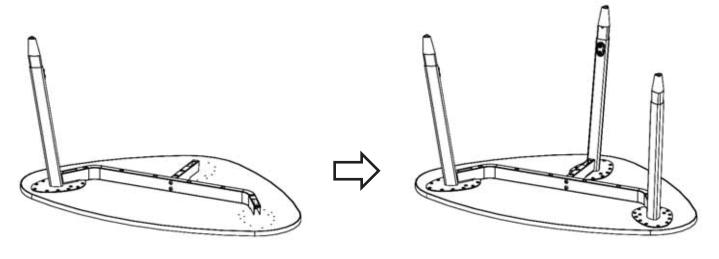
**9.** Install 13 of the #10 x 3/4" Hi-Lo Wood Screws to secure the leg to the top leaving out one of the screws as the hole is covered by the frame.



10. Next install the  $5/16"-18 \times 1/2"$  Bolts to connect the frame to the leg gusset.



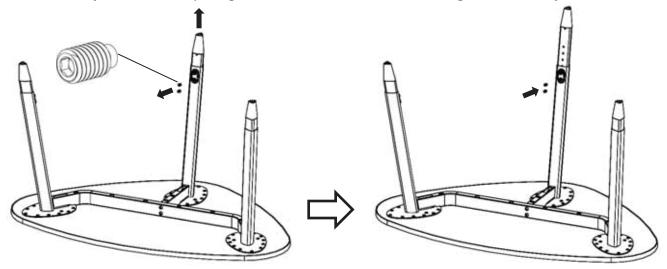
**11.** Install the other legs as previously shown.



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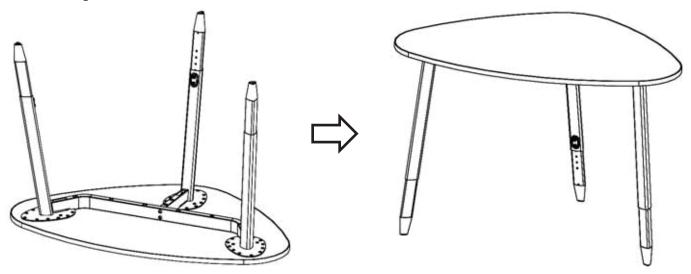
12. TO ADJUST LEG HEIGHT: Remove the two 3/8"-16 x 5/8" set screws, adjust leg to the desired height and reinstall the two set screws. Repeat this for all legs.

**Helpful Hint:** The spacing between each hole in the inner leg is for 1" of adjustment.



13. Lift table and flip to the upright position. You may need a partner to team lift the heavier

Helpful Hint: If equipped with casters, lock all casters to prevent unexpected rolling when table legs touch down.



**ASSEMBLY COMPLETE**